

For more information**Contact:**

Brian Watts
Karis
brian@karis.biz
www.karis.biz
+44 07970493928

When

This a 2 day course, and is non residential.
Monday 9th May, 2011
-to-
Tuesday 10th May, 2011
9.30 – 4.30 each day

Where

44 Portland Place, London, W1B 1NE

Cost

£585 (VAT included) for 2 days, including lunch and refreshments.

Booking

contact us to reserve your place, and payment will be upon receipt of invoice.

A Gestalt Approach to Facilitation

A Gestalt Approach to Facilitation. Learn the Gestalt way by immersing yourself in this experiential group.

Course Content: This two day facilitator training is unique. Whilst we will introduce models of facilitation, we will also work keenly with the subject matter that emerges from within the group. You will be provided with an in-depth experience of group process and its facilitation, where the task will be secondary to what experientially unfolds, and where participants will explore "the group" as it happens - experimentation will therefore be a central feature. This is the Gestalt way. Typically a two day workshop will include,

- An exploration of Gestalt models that illuminate group processes and their management
- Opportunity for you to profile your own leadership style
- Working in depth with conscious and unconscious group process and the group dynamic
- Opportunity to learn by fully experiencing group facilitation in the Gestalt inspired mode
- Exploration of ways in which your style will address physical, social, creative and spiritual intelligences

Method: At KARIS we are committed to experiential learning and reflective practice. So you will be working in a small group of up to 12 participants, and with smaller sub groups for skills practice and peer review. You will be invited to assess your strengths and weaknesses in facilitating groups and to increase your repertoire of options and skills through practical engagement.

Accreditation: These two days will count towards the Certificate in Group Facilitation awarded by the Institute for Development of Human Potential (IDHP).

Facilitator: **Paul Barber**, following a career in health education, became Director of the Human Potential Research Group at the University of Surrey, where he co-designed the MSc in Change Agent Skills and Strategies. He has also initiated the UK's first MSc in Management Consultancy and has written extensively upon management development, group facilitation, coaching and organisational change. Paul is Professor of Organisational Development at Middlesex University, and currently acts as a community facilitator for several organisations, including Diageo and Glaxo-Smith-Kline. He teaches facilitation and team leadership on Masters courses at the Roffey Institute, and person-centred research and knowledge upon the Taught Doctorate in Psychotherapy at the University of Derby.

Venue: The venue will be in comfortable surrounds and in easy access to public transport. Lunch and refreshments are included. Please note that the actual venue may change from that advertised.